



### Welcome to the Tallinn Orienteering Week!

Tallinn Orienteering Week is an exciting event with fulfilling orienteering experience. The competition is held over four days. Before and after the main event it is possible to participate in training competitions. Shortened long distance with a mass start take place on Thursday, sprint in a small town on Friday, the legendary 100 Control Points Run on Saturday and middle distance on Sunday.

Races taking place on Friday and Sunday are also part of the WRE competitions.



### Programme

Thursday 1.August	18.00	Shortened long distance, mass start	Loksa
Friday 2.August	18.00	Sprint, WRE	Loksa
Saturday 3.August	13.00	Long distance, 100CP run	Kõrvemaa (Venemäe)
Sunday 4.August	11.00	Middle distance, WRE	Kõrvemaa (Venemäe)

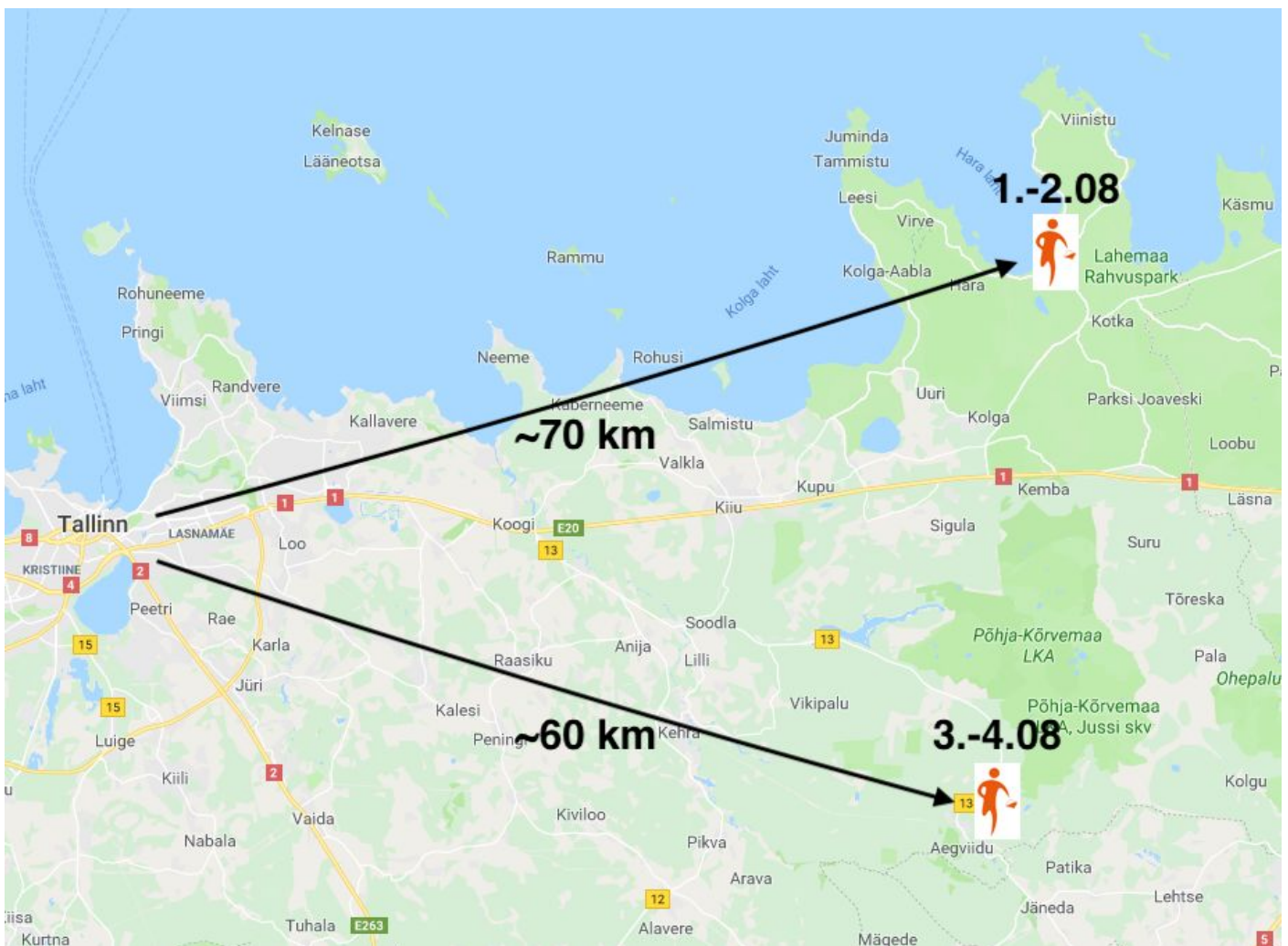


## Training opportunities (Regular O-events)

Monday 29.July	17.00-19.30	Tallinna Linnaorienteerumine	Pelguranna S	<a href="http://linnaorienteerumine.ee">linnaorienteerumine.ee</a>
Tuesday 30.July	17.00-19.30	Tallinna Metsaorienteerumine	Laulasmaa	<a href="http://metsaorienteerumine.ee">metsaorienteerumine.ee</a>
Monday 5.August	17.00-19.30	Tallinna Linnaorienteerumine	Kalamaja	<a href="http://linnaorienteerumine.ee">linnaorienteerumine.ee</a>
Tuesday 6.August	17.00-19.30	Tallinna Metsaorienteerumine	Keila-Joa	<a href="http://metsaorienteerumine.ee">metsaorienteerumine.ee</a>



## Venues





## Entries

Registration can be completed through the SK100 registration environment

<http://register.sk100.ee/> from the 1st of February.

WRE classes also have to register through IOF Eventor (<https://eventor.orienteering.org/Events>):  
[Friday, Sunday](#).

The entry fee, rent for the SI-card(s) and any other fees for additional services must all be paid upon registration via bank transfer:

MTÜ Spordiklubi 100

IBAN: EE112200221047956653

BIC: HABAE2X

Name of bank: Swedbank

Swedbank address: Liivalaia 8, 15040 Tallinn

O-week Pass (includes the training opportunities in regular O-events)

Classes	Until April 1st	Until July 24th
MW 8-14	<b>20 €</b> = 5 €/day + free trainings	<b>24 €</b> = 6 €/day + free trainings
MW 16-20	<b>28 €</b> = 7 €/day + free trainings	<b>32 €</b> = 8 €/day + free trainings
MW 21-55	<b>56 €</b> = 14 €/day + free trainings	<b>72 €</b> = 18 €/day + free trainings
MW 60-75	<b>36 €</b> = 9 €/day + free trainings	<b>40 €</b> = 10 €/day + free trainings

Entry fees per day:

Classes	Until April 1st	Until July 24th	Until event day*
MW 8-14	6 €	8 €	8 €
MW 16-20	8 €	10 €	10 €
MW 21-55	15 €	20 €	30 €
MW 60-75	10 €	12 €	18 €

\*Entries made until the day of the event (i.e. after July 24th) are only possible if there are any vacant places available.

There is no need for pre-registration to the training opportunities, these are regular O-events.



## Info

info [at] tow.ee



## Classes and courses

NR - taped route

21E - technical

21B - average difficulty

TR - taped route with  
controls off tape

21AS - technical and  
short

21C - simple

	1.day Shortened long distance	2.day Sprint	3.day 100CP (km)	3.day 100CP (controls)	4.day Middle distance
<i>Time limit</i>	<i>2,5 h</i>	<i>1,5 h</i>	<i>5 h</i>		<i>2,5 h</i>
W8NR	~1,5/2,0	~1,5/2,0	~1,5/2,0	10	~1,5/2,0
W10TR	~2,5	~2,5	~2,5	10	~2,5
W12	~2,5	~1,3	~3,0	20	~2,0
W14	~2,5	~1,8	~3,0	25	~2,0
W16	~3,5	~2,2	~4,5	30	~2,5
W18	~4,0	~2,4	~6,0	45	~3,0
W20	~5,5	~2,6	~6,5	45	~3,0
W21E	~6,0	~2,8	~9,0	70	~4,5
W21AS	~5,5	~2,0	~6,0	45	~3,0
W21B	~5,0	~2,0	~5,5	45	~3,0
W21C	~4,0	~1,6	~4,0	30	~2,0
W35	~5,5	~2,5	~6,5	45	~3,0
W40	~5,0	~2,5	~5,5	45	~3,0
W45	~5,0	~2,3	~5,5	45	~2,5
W50	~4,5	~2,3	~5,0	40	~2,5
W55	~4,5	~2,1	~4,0	35	~2,0
W60	~4,0	~2,1	~4,0	35	~2,0
W65	~4,0	~1,8	~3,5	25	~2,0
W70	~3,0	~1,8	~3,0	25	~2,0
W75	~3,0	~1,8	~3,0	25	~2,0

\* Classes W8NR and W10TR have individual start on all days

NR - taped route

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<i>Time limit</i>	<i>2,5 h</i>	<i>1,5 h</i>	<i>5 h</i>		<i>2,5 h</i>
M8NR	~1,5/2,0	~1,5/2,0	~1,5/2,0	10	~1,5/2,0
M10NR	~2,5	~2,5	~2,5	10	~2,5
M12	~2,5	~1,6	~3,0	20	~2,0
M14	~3,5	~2,0	~5,0	25	~2,5
M16	~4,5	~2,6	~6,0	45	~3,0
M18	~5,0	~2,6	~7,5	60	~3,5
M20	~8,5	~2,8	~10,0	80	~3,5
M21E	~9,0	~3,2	~14,0	100	~5,5
M21AS	~6,0	~2,5	~7,5	65	~3,5
M21B	~7,0	~2,4	~8,5	65	~3,5
M21C	~4,5	~2,0	~5,5	40	~2,5
M35	~8,5	~2,8	~10,0	80	~3,5
M40	~7,0	~2,8	~9,0	75	~3,5
M45	~6,5	~2,5	~9,0	70	~3,5
M50	~6,5	~2,5	~7,5	60	~3,0
M55	~5,5	~2,3	~6,5	45	~3,0
M60	~5,5	~2,3	~5,5	45	~2,5
M65	~4,5	~2,1	~5,5	40	~2,5
M70	~4,0	~1,8	~4,0	35	~2,0
M75	~3,0	~1,8	~3,0	30	~2,0

\* Classes M8NR and M10TR have individual start on all days



## Awards

The best competitors based on overall results of four days will be awarded in all classes.

The award ceremony will take place on Sunday according to the finishes. Three best competitors will be awarded in classes where there are at least five registered competitors and the winner in classes with less than five competitors.

Three best in WRE's races (Friday and Sunday) will be additionally awarded.



## Punching system

Sportident (SI), it is possible to use SI-AIR (SIAC) on all days.

When placing an entry, it is not necessary to enter the number of your personal SI-card, only the request to rent a card.

**NB! When using a personal SI-card, make sure that it has enough capacity to complete the 100 CP Run (Sunday). It is not possible to use multiple SI-cards. The use of a suitable SI-card is the responsibility of the competitor.**

Renting fee 2€/day.

Without pre-registration the renting fees are 1,5x higher - 3€/day.

Different versions of the SI-cards are:

Version	SI-card number	Number of punches
5	kuni 499 999	30
6, 6*	500 000 - 999 999 ja 16 711 680 - 16 777 215	192
8	2 000 000 - 2 999 999	30
9	1 000 000 - 1 999 999	50
10, 11	7 000 000 - 7 999 999 ja 9 000 000 - 9 999 999	128
SIAC	8 000 000 - 8 999 999	128

More about SI-cards: <http://tak-soft.com/sportident/kaart/index.php>



## Open Courses

In all days it is possible to run open courses (pre-registration is not required).

On Thursday there is a regular O-event at the same location, entry fees are between 0€ and 6€.

From Friday to Sunday two different courses are offered. Entry fee 7€. Tickets for open course can be purchased from the information tent at the Competition Centre. The start is open during times, which are shown in the programme.



## Embargoed areas

It is forbidden to use a map at the WRE competition terrains (Loksa and Venemäe) until the day of the competition.



### Accommodation

Accommodation possibilities: <https://www.visitestonia.com/en/>

Camping is possible in Kõrvemaa Hike and Ski resort.

About the interest of floor accommodation please inform us by e-mail on info [at] tow.ee before 15th of July.



### Visas

A list of countries, whose citizens need a visa to enter The Republic of Estonia, can be found on the web site of the Estonian Ministry of Foreign Affairs: <http://www.vm.ee/?q=en/node/53>



### Weather

The average temperature in Estonia in August is 16,3 °C and generally the temperature is between 12 to 27 °C.



### Dangers

Every competitor is responsible for his/her own health and safety. The competition in Loksa takes place on city streets which are open to traffic.



### Clothes

There are no special requirements in regards to clothing.



### Additional services at the Competition Centre

	<i>Thu, 1.08</i>	<i>Fri, 2.08</i>	<i>Sat, 3.08</i>	<i>Sun, 4.08</i>
Catering	+	+	+	+
Changing tent	+	+	+	+
WC	+	+	+	+
Child care	+	+	+	+
Luggage area	+	+	+	+
First aid	+	+	+	+
Sale of O-equipment	+	+	+	+



### Child care

Supervised child care is available in all Competition Centres. Child care provides for a tent, toys and instructors. The area will be fenced off from the rest of the Competition Centre. Child care will be opened one hour before the starts and will be closed with the finish.



### Luggage area

It is possible to leave your belongings at a supervised luggage area in all Competition Centres. The luggage area is opened one hour before the starts and will be closed with the finish. You can leave your car keys in the luggage area during the competition.



### Cancellations

In case of cancelling your entry, the entry fees will not be refunded. However, if medical certificate is provided before TOW, next year's entry can be done at half the price. If the race is cancelled due to force majeure (circumstances not depending on the organisers), the entry fees will not be refunded.



### Supporters





visit estonia